

women's day, sitting in the consulting room beside Dr. Graham, and saw a specimen of the daily out-patient work.

Before it began the doctor had been to see those community people who were sick, and had been round the hospital wards. While he was doing this work the patients were gathering in the hospital chapel, each receiving on entering a tally stick, so that the first comer may be first attended. If it is a first visit all bring 1d. to be enrolled. Then all sit side by side listening to the evangelist, who explains the Gospel message to them, and tells them stories from the life of Christ. Each in turn is then let into the doctor, who quickly diagnoses the case, writes the prescription, and passes them on to the English nurse and her staff of native women, nurses, and dispensary boys. These do all the bandaging, opening of abscesses, and dispensing, the doctor only leaving his room for the most important cases, and only calling in the nurse for anything she may be needed for.

Two or more hours of this work is very exhausting, as rapid decisions must be made, conversation must all be in Chinese, the women are dull, many offensive sights and smells must be endured, babies cry, sad news must sometimes be told. It is often found that directions given before have been quite unheeded, or perhaps the patient, finding the medicine do good, has drunk it all in two days instead of a week. Then, in the afternoon, those who prefer to pay 6d. or 9d. rather than mix with the crowd, are treated. Special cases in the hospital must be visited again, and any time left can be devoted to study.

The nurse must find time during the day to give a Bible lesson to the in-patients, and set the Chinese nurses to teach the women lessons from a Gospel primer. She must give out all the stores, and do the usual nurses' work in a hospital, and instruct the Chinese girls and lads to act as her assistants. She has a busy life, and a very useful one. Her influence over the people whose pain she relieves is great. She must be devoted heart and soul to her work, or she would never be able to fight against the poverty, ignorance, and inconvenience.

A Useful Preparation.

SANATOGEN.

A useful preparation, which the medical profession are prescribing in suitable cases with great advantage is Sanatogen, which is both a food, and a brain and nerve tonic, and is thus a very useful restorative. The casein which it contains, and which is derived from fresh cow's milk, provides nutriment of a very necessary nature, and the tonic element is supplied by glycerophosphate of sodium, a compound of phosphorus, a very important constituent of the brain and nervous system. Unlike stimulants, to which the overtired worker is tempted to turn as a means of relief, Sanatogen may be taken with impunity, and indeed with advantage, for long periods of time. It is supplied by the Sanatogen Company, 83, Upper Thames Street, E.C., and by all chemists, in packets at 1s. 9d., 2s. 9d., 5s., and 9s. 6d.

Our Foreign Letter.

JOTTINGS FROM THE STATES.

QUACK MEDICAL ADVERTISING.



In connection with our movements on behalf of health, I am glad to be able to tell you that Massachusetts

has passed a law intended to suppress that especial form of quack medical advertising which is designed to terrify boys and young men at the period of adolescence by suggesting symptoms of venereal disease. The Massachusetts Civic League supported the Bill and proprietors of quack medicines opposed it, foremost among them the unspeakable Lydia Pinkham Company. The latter claimed that a business of between one and two millions a year was more important than the boys, and that it was an injustice in the people of Massachusetts to interfere with it. If parents were intelligent, and candid enough to teach their boys physiological truths, such harpies would have less opportunity to prey upon them.

THE EDUCATIONAL VALUE OF OCCUPATION.

The Chicago School of Civics and Philanthropy is doing a new and intelligent piece of work by conducting a course for attendants in the State hospitals for the insane. The course is designed to give these attendants a new estimate of the value and place of occupation and amusement in caring for the insane. There will be lectures on "The Educational Value of Occupation" by eminent specialists, classes and instruction in occupations, and instruction in play and games. In order that their employees may profit by this teaching the State hospitals for the insane in Illinois will give a month's leave of absence, with full pay, to those three attendants who have had the highest standing in their regular course of training in the institution. The course is also open to those from other States, and certain scholarships are provided to defray the cost of attendance.

In the summer session of the New York School of Philanthropy five nurses have enrolled, showing that they, too, have awakened to the need of civic and social knowledge to round out their training. There has never been a time when women of a high order of brains, capacity, and knowledge have been called for in all directions as to-day. District nursing societies are no longer satisfied to employ the woman who is only a kind and good nurse—it is demanded that she shall be a good nurse, but much more beside. We must not only keep pace with the advancing medical profession, but with the new, ardent, vigorously developing profession of sociology and the new citizenship.

THE NATIONAL RED CROSS.

The National Red Cross of America has a new National Director, Mr. Ernest P. Bicknell, who announces his policy of affiliating the Red Cross

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